**CVPA SPIRIT, NEWS AND ACTIVITIES:**

* This week, September 8–14, is **National Suicide Prevention Week**, a time dedicated to raising awareness, breaking stigma, and reinforcing our collective commitment to mental health and well-being. Please join our Care Team in the cafeteria during lunch on Wednesday for self-care activities including rock painting and coloring books.
* Join us for the “Books Choose You” Reading Challenge! You have from today until September 21 to read and log at least 30 minutes of reading each day. Information about incentives and prizes will be revealed soon. See Mrs. Johnson in the library today for details. Don't miss out!
* For current Drumline members: reminder that there is drumline practice after school today from 2:30 - 4:00pm. If you are unable to make it, please make sure to let Mrs. Kaufmann know in Teams or email. If anyone is interested in joining Drumline, there will be workshops starting in January! Talk to Mrs. Kaufmann for more information.

**FROM THE FINE ARTS DEPARTMENT:**

* A reminder that registration for the Fox Teen Talent Competition is now open! The deadline to register is October 24, and all details and the link are posted on Teams.
* Today during lunch, the Media Team will meet in the conference room across from the theater with Ms. Johnson and Ms. Brown. Members have also been added to the Media Team channel on Teams.

**Today After School**

* Jazz Show Choir will meet in Ms. Brown’s room at 2:30.
* Little Shop of Horrors speaking cast will meet with Mrs. Ogundipe in the green room at 2:30.
* Reminder: Please make sure to be on time to your rehearsal spaces.

**After school this week**

* Thursday 9/11: Jazz Choir will meet after school with Ms. Brown.
* Friday 9/12: MATI field trip during the day and Spirit Squad after school.